

START HERE

.....♥..... *Your Roadmap for What to Do First*♥.....

You don't have to figure everything out today.

You only need your next step.



WHERE ARE YOU TODAY?

- ☐ Waiting for an evaluation
- ☐ Recently diagnosed
- ☐ School questions
- ☐ Therapies
- ☐ Financial help
- ☐ Looking for support



YOUR FIRST FIVE STEPS

1



Write down your questions.

2



Observe your child.

3



Keep important records together.

4



Use information that makes sense for you.

5



Remember—you are not alone.



QUESTIONS TO ASK



What should my next step be?



What services are available?



What paperwork should I save?



TODAY'S NEXT STEP

Write one thing you can do today.



*Small step.
Big impact.*



REMEMBER



Small steps
lead to
big progress.



Special Families Project

Helping families find answers,
ask the right questions, and
take *the next step.*

*When you're ready,
we're here.*



specialfamiliesproject.org